

## The Wonderful Discovery of the Spirit Filled Life

Session 3

### Three Types of Man

#### 1. NATURAL MAN

<sup>14</sup> Some people don't have the Holy Spirit. They don't accept the things that come from the Spirit of God. Things like that are foolish to them. They can't understand them. In fact, such things can't be understood without the Spirit's help. (2 Cor. 2:14 NIRV)

### Three Types of Man

#### 2. SPIRITUAL MAN

<sup>15</sup> But he who is spiritual appraises all things, (NASB)... (2 Cor. 2:15)

### Three Types of Man

#### 3. CARNAL MAN

(One who has received Christ, but who lives in DEFEAT because he trusts in his own efforts to live the Christian life.)

1 Corinthians 3:1 Brothers and sisters, I could not address you as people who live by the Spirit but as people who are still worldly—mere infants in Christ. <sup>2</sup> I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready. <sup>3</sup> You are still worldly. For since there is jealousy and quarreling among you, are you not worldly? Are you not acting like mere humans? (NIV)

*1. God has provided for  
us an abundant and  
fruitful Christian life.*

#### **JOHN 10:10 (NIV)**

<sup>10</sup> The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

**JOHN 15:5 (NIV)**

<sup>5</sup> “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

**GALATIANS 5:22-23 (NIV)**

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,<sup>23</sup> gentleness and self-control. Against such things there is no law.

**ACTS 1:8 (NIV)**

<sup>8</sup> But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”

**Spiritual Person**

Christ-centered  
Empowered by the Holy Spirit  
Introduces others to Christ  
Effective prayer life

Understands God's Word  
Trusts & obeys God  
Experiences love, joy, peace,  
patience, kindness, faithfulness,  
gentleness, goodness & self-control



*The degree to which these traits are manifested in the life **depends upon the extent to which the Christian trusts the Lord with every detail of his life**, and upon his **maturity in Christ**. One who is only beginning to understand the ministry of the Holy Spirit **should not be discouraged if he is not as fruitful as more mature Christians** who have known and experienced this truth for a longer period.*

*Why is it that most Christians are not experiencing the abundant life?*

## 2. Carnal Christians cannot experience the abundant and fruitful Christian life.

- **The carnal person trusts in his own efforts to live the Christian life:**

- He is either uninformed about, or has forgotten, God's love, forgiveness, and power (Romans 5:8-10; Hebrews 10:1-25; 1 John 1; 2:1-3; 2 Peter 1:9; Acts 1:8).
- He has an up-and-down spiritual experience.
- He cannot understand himself - he wants to do what is right, but cannot.
- He fails to draw upon the power of the Holy Spirit to live the Christian life. (1 Corinthians 3:1-3; Romans 7:15-24; 8:7; Galatians 5:16-18)

### Carnal Person

Unbelief  
Disobedience  
Poor prayer life  
No desire for Bible study

Legalistic attitude or critical spirit  
Impure thoughts, jealousy, guilt  
Frustration, aimlessness  
Worry, discouragement  
Loss of love for God and others



## 3. Jesus promised the abundant and fruitful life as the result of being filled (directed and empowered) by the Holy Spirit.

- One becomes a Christian through the ministry of the Holy Spirit, according to John 3:1-8. From the moment of spiritual birth, the Christian is **indwelt by the Holy Spirit at all times** (John 1:12; Colossians 2:9, 10; John 14:16, 17). **Though all Christians are indwelt by the Holy Spirit, not all Christians are filled (directed and empowered) by the Holy Spirit.**
- The Holy Spirit is the source of the overflowing life (John 7:37-39).
- The Holy Spirit came to glorify Christ (John 16:1-15). **When one is filled with the Holy Spirit, he is a true disciple of Christ.**
- In His last command before His ascension, Christ promised the power of the Holy Spirit to enable us to be witnesses for Him (Acts 1:1-9).

## 4. We are filled by the Holy Spirit by faith; then we can experience the abundant and fruitful life which Christ promised to each Christian

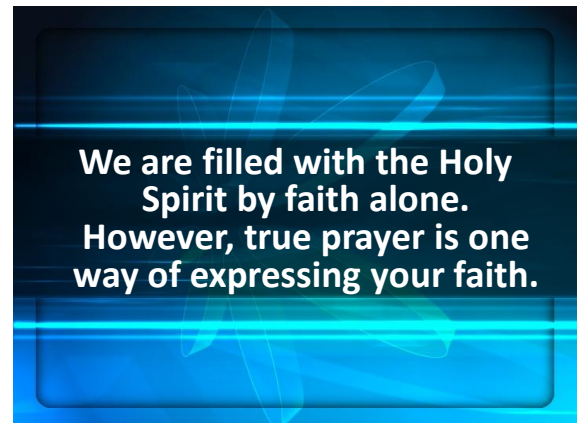
1. Sincerely desire to be directed and empowered by the Holy Spirit (Matthew 5:6; John 7:37-39).
2. Confess your sins. By faith thank God that He has forgiven all of your sins - past, present and future - because Christ died for you (Colossians 2:13-15; 1 John 1; 2:1-3; Hebrews 10:1-17).
3. Present every area of your life to God (Romans 12:1, 2).
4. By faith claim the fullness of the Holy Spirit, according to:

**His Command:** *Be filled with the Spirit.* "And do not get drunk with wine, for that is dissipation, but be filled with the Spirit" (Ephesians 5:18).

**His Promise:** *He will always answer when we pray according to His will.* "And this is the confidence which we have before Him, that, if we ask anything according to His will, He hears us. And if we know that He hears us in whatever we ask, we know that we have the requests which we have asked of Him" (1 John 5:14, 15).



- Fact – God and His Word
- Faith- our trust in God and His Word
- Feeling- the result of our faith and obedience.



## HOW TO WALK IN THE SPIRIT?

1. Your life will demonstrate more and more of the fruit of the Spirit (Galatians 5:22, 23) and will be more and more conformed to the image of Christ (Romans 12:2; 2 Corinthians 3:18).

## HOW TO WALK IN THE SPIRIT?

2. Your prayer life and study of God's Word will become more meaningful.

## HOW TO WALK IN THE SPIRIT?

3. You will experience His power in witnessing (Acts 1:8).

## HOW TO WALK IN THE SPIRIT?

4. You will be prepared for spiritual conflict against the world (1 John 2:15-17); against the flesh (Galatians 5:16-17); and against Satan (1 Peter 5:7-9; Ephesians 6:10-13).

## HOW TO WALK IN THE SPIRIT?

5. You will experience His power to resist temptation and sin (1 Corinthians 10:13; Philippians 4:13; Ephesians 1:19-23; 2 Timothy 1:7; Romans 6:1-16).

## PHILIPPIANS 4:13 (NIV)

***13 I can do all this through him who gives me strength.***

## HOW TO WALK IN THE SPIRIT?

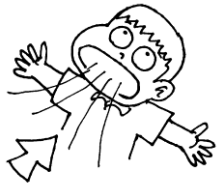
### 6. Spiritual Breathing

*(Exhale the impure, inhale the pure.)*



## EXHALE

confess your sin -- agree with God concerning your sin and thank Him for His forgiveness of it, according to 1 John 1:9 and Hebrews 10:1-25. Confession involves repentance - a change in attitude and action.



## INHALE

- surrender the control of your life to Christ, and appropriate (receive) the fullness of the Holy Spirit by faith. Trust that He now directs and empowers you; according to the command of Ephesians 5:18, and the promise of 1 John 5:14, 15.