



We are in a WAR!

Hindi nagpapahinga
ang kaaway!

Walang Cristianong
weakling!

Christ has already
overcome the enemy!

If we want to be
victorious, we must
remain in Christ

God gives us the "keys"
to His kingdom

There is power in
salvation testimony!

There is power/authority
in Jesus' name!

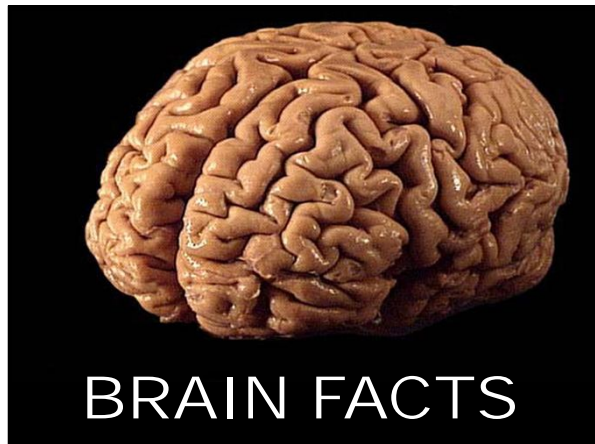
7 SPIRITUAL WEAPONS

1. Belt of Truth
2. Breastplate of Righteousness
3. Feet for Gospel-Sharing
4. Shield of Faith
5. Helmet of Salvation
6. Sword of the Spirit
7. Prayer in Spirit

PUT ON JESUS!

**Our fallen, sinful nature
makes flesh (*sarx*) strong**

**To defeat your sinful
flesh, you must
surrender to CHRIST!**



1. The average adult human brain weighs three pounds, has a texture like firm jelly and is made up of 75 percent water.
2. Every time your heart beats, your arteries carry 20 to 25 percent of your blood to the brain. The harder you think, the more oxygen and fuel your brain will use from your blood – up to 50 percent.
3. Every time you recall a memory or have a new thought, you create a connection in the brain.

4. There are 100 billion neurons (nerve cells) in the brain, but they make up only 10 percent of the brain. These neurons branch out to 100 trillion-plus trigger points, forming what experts call a “neuron forest.”

5. Size doesn't matter in the brain. There is no evidence that a larger brain is smarter than a smaller brain.

6. There are 100,000 miles of blood vessels in the brain. The distance around the world at the equator is 24,900 miles.

7. It is normal for your mind to wander. There are parts of the brain that control “task-unrelated thought” (such as daydreaming).

8. Adults who participated in mind-challenging activities were 63 percent less likely to develop dementia (i.e Alzheimer's disease).


9. The average number of thoughts a person has each day is 70,000.

10. The rate at which your brain processes information can range from 0.5 meters/second (about 1 mile per hour) to 120 meters/second (268 MPH).

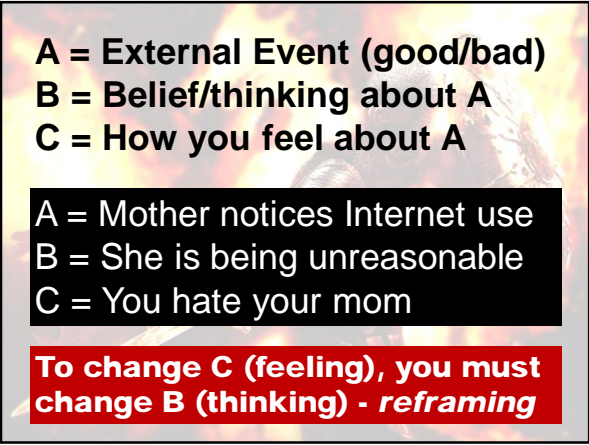




**How you THINK
affects how you
BEHAVE!**



**Proverbs 23:7 (NKJV) -
“For as he thinks in
his heart, so is he...”**



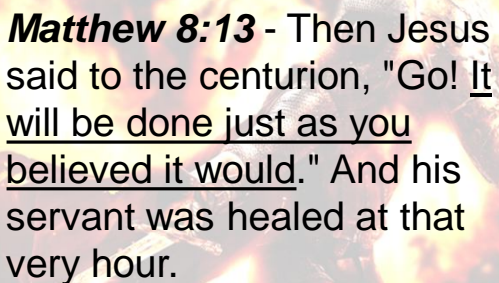
**A = External Event (good/bad)
B = Belief/thinking about A
C = How you feel about A**

**A = Mother notices Internet use
B = She is being unreasonable
C = You hate your mom**

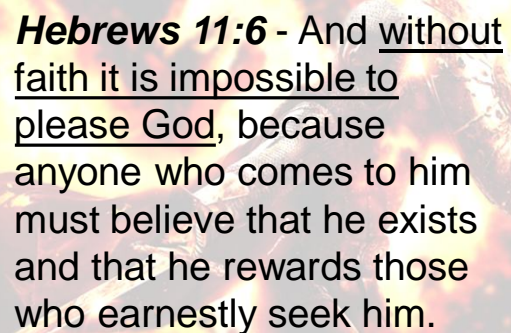
**To change C (feeling), you must
change B (thinking) - *reframing***



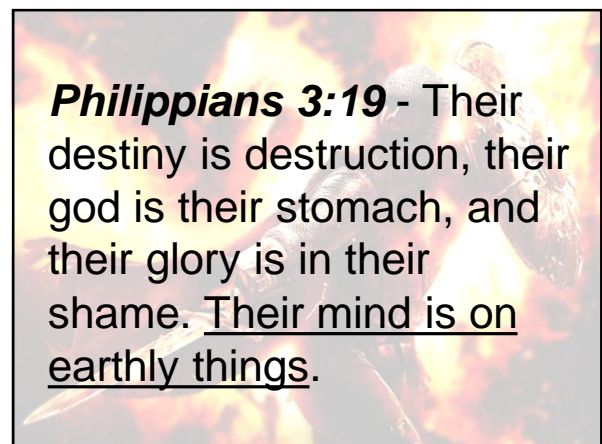
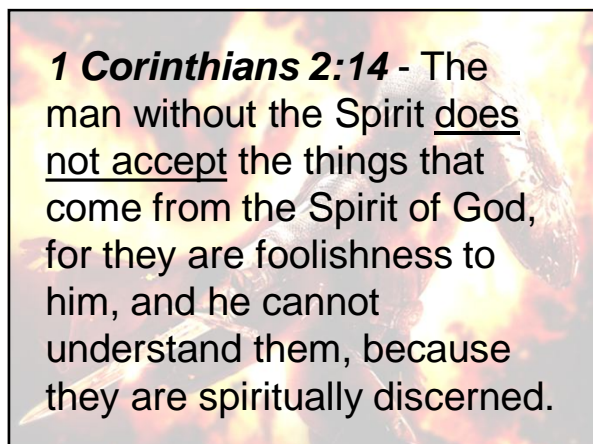
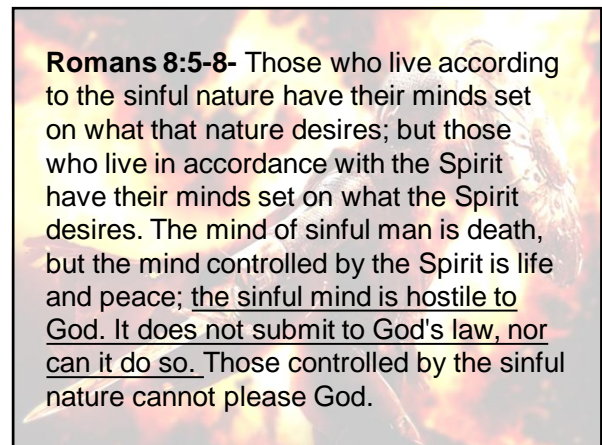
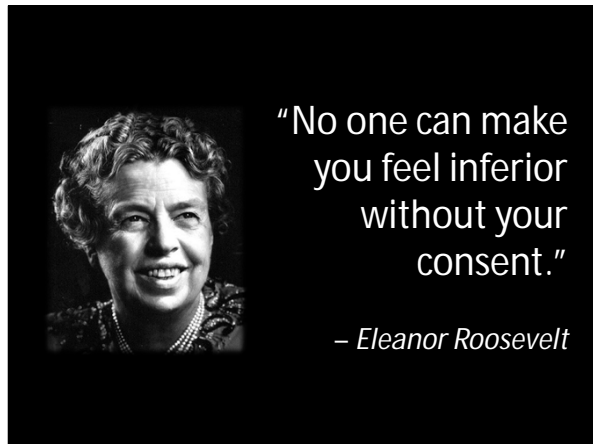
**What you
BELIEVE you
may RECEIVE!**

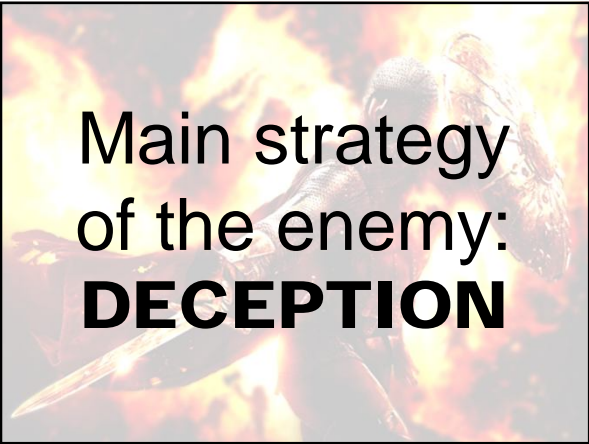


Matthew 8:13 - Then Jesus said to the centurion, "Go! It will be done just as you believed it would." And his servant was healed at that very hour.

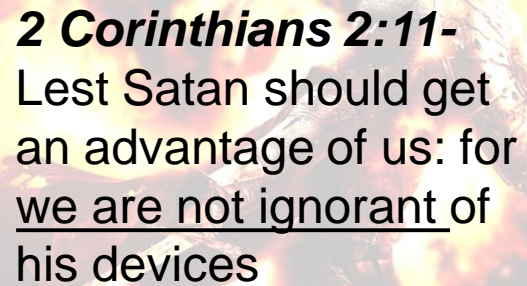


Hebrews 11:6 - And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

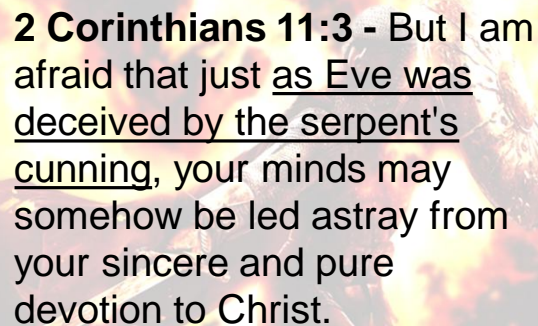




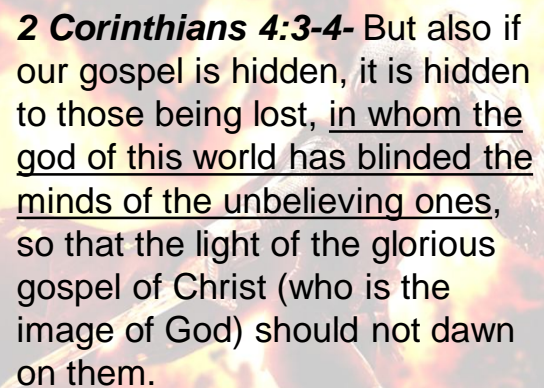
Main strategy
of the enemy:
DECEPTION



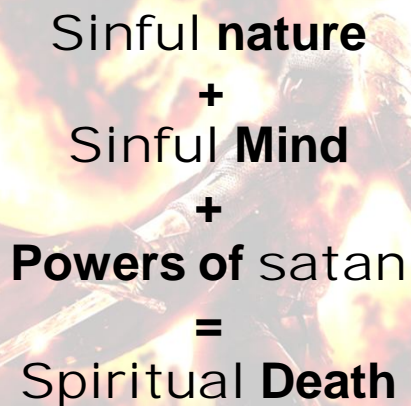
2 Corinthians 2:11-
Lest Satan should get
an advantage of us: for
we are not ignorant of
his devices



2 Corinthians 11:3 - But I am
afraid that just as Eve was
deceived by the serpent's
cunning, your minds may
somehow be led astray from
your sincere and pure
devotion to Christ.



2 Corinthians 4:3-4- But also if
our gospel is hidden, it is hidden
to those being lost, in whom the
god of this world has blinded the
minds of the unbelieving ones,
so that the light of the glorious
gospel of Christ (who is the
image of God) should not dawn
on them.



Sinful **nature**
+
Sinful **Mind**
+
Powers of satan
=
Spiritual **Death**



We must
GUARD our
Minds!

1 Peter 5:8- Be of sober spirit, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour.

2 Corinthians 10:3-6- For though walking about in flesh, we do not war according to flesh. For the weapons of our warfare are not fleshly, but mighty through God to the pulling down of strongholds, pulling down imaginations and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought into the obedience of Christ; and having readiness to avenge all disobedience, when your obedience is fulfilled.

Philippians 4:8 - Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.

Philippians 4:6,7 - Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Colossians 3:1,2- Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things.

Our minds should be SUBJECTED to the Lordship of Christ!

Luke 10:27 - He answered: "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind..."

**Only Christ
can set your
mind FREE!**

Luke 4:18-19 - The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord's favor."

John 8:31,32- To the Jews who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."

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Discipleship requires OBEDIENCE

Discipleship results in KNOWING THE TRUTH

Knowing the TRUTH (Christ) will set us FREE!

**SURRENDER
your life to
Christ!**