



"Sabi sa Census may 11 milyon na tao sa Metro Manila. Paano mo malalaman na nahanap mo na yung taong para sa'yo? Maaring nakita mo na siya, pero yumuko ka para magsintas. Maaring nakatabi mo na siya, pero lumignon ka para tingnan ang traffic lights. Maaring nakasalubong mo na siya pero humarang yung pedicab."

"May mga maswerteng tao na nahanap na yung taong para sa kanila. May mga tanong patuloy na naghahanap at may iba na sumuko na. Pero yung pinakamasaklap, eh yung na sayo na pinakawalan mo pa."

- My Amnesia Girl

Paano natin masasabing siya na ang "The One"?

Paano ko mahahanap ang aking "The One"?

Mayroon ba talagang "one and only" si Lord para sa atin?

**Matthew 19:11,12** - Jesus replied, "Not everyone can accept this word, but only those to whom it has been given. <sup>12</sup> For there are eunuchs who were born that way, and there are eunuchs who have been made eunuchs by others—and there are those who choose to live like eunuchs for the sake of the kingdom of heaven. The one who can accept this should accept it."



A eunuch who guards a harem at Tunis

A eunuch during the Qing Dynasty

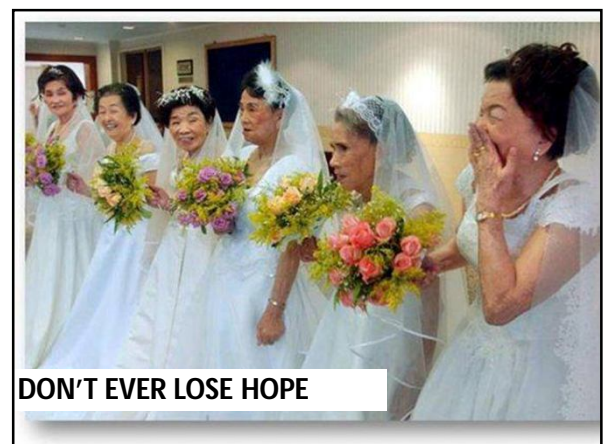
**FACT:** Hindi lahat ng  
singles ay  
makakapag-asawa /  
mag-aasawa

	VOLUNTARY (By Choice)	INVOLUNTARY (By Circumstance)
Temporary		
Permanent		

	VOLUNTARY (By Choice)	INVOLUNTARY (By Circumstance)
Temporary	Tsaka-na-Muna Uber-Busy Cluster  Love Hurts Society High Value Group	Wala-Talaga Circle Always Basted
Permanent	The Single-Blessed Assembly	Forced by Circumstances (i.e. mentally-challenged, impotent, widow)

We confuse  
"singleness"  
with "being  
alone"

Being "single"  
means being  
"unique",  
"separate",  
"whole" and  
"complete"



## THE 4:12 FORMULA

**Philippians 4:12** - I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

## NOTE TO SELF

Hindi ko  
kailangan ng  
BF/GF para  
Sumaya!



DA WHO?  
(Game)

1. Write down the name of a famous personality on a small piece of paper (i.e. showbiz or politician)
2. Tape the name on the back of the person on your left/right.
3. Everyone goes around and asks people yes or no questions about who is on their back. They can only ask each person one question.
4. The person who can guess the name written on their paper wins.





Ang pag-ibig hindi hinahabol kundi hinihintay. Lalo na kung gusto mong si Lord ang magbigay!

RELATIONSHIPS THAT DON'T WORK

Wrong person (i.e. compatibility issues, may sabit)

Wrong Time (i.e. not in season)

Wrong way of loving (i.e. motives and love language issues)

MYTHS AND RESPONSES

True love must be romantic (*not emotion-based but a commitment*)

You will know true love the moment you see the person (*AFS not LFS*)

There is only one true love for you (*you have options, real vs fantasy*)

MYTHS AND RESPONSES

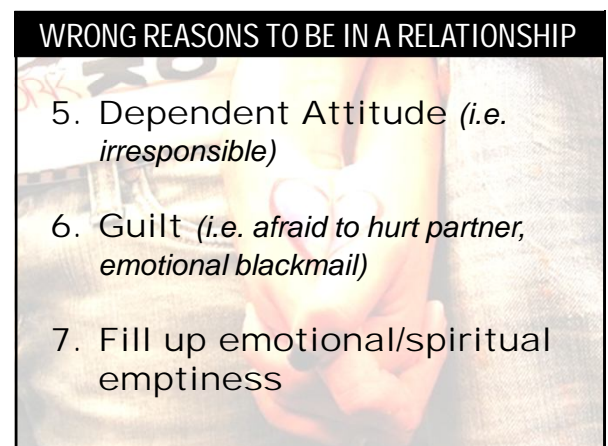
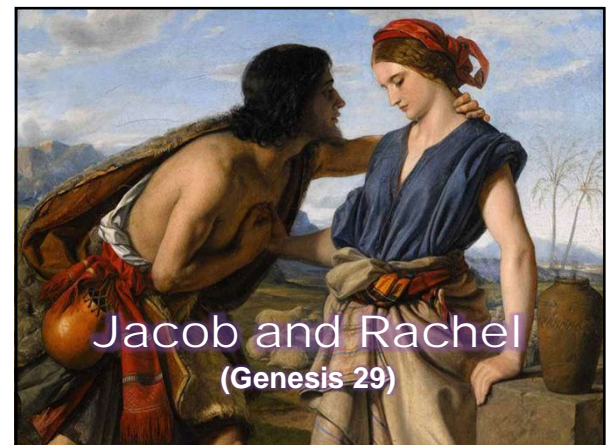
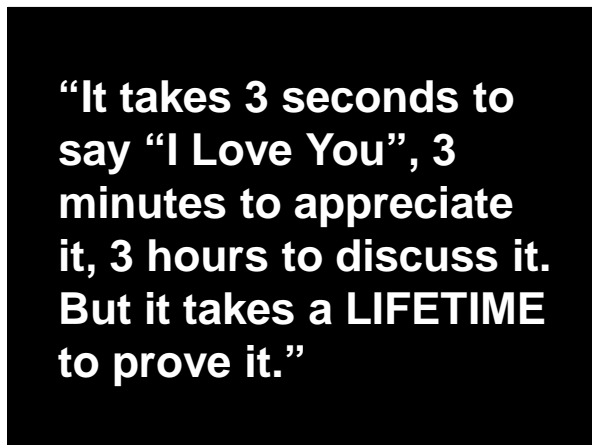
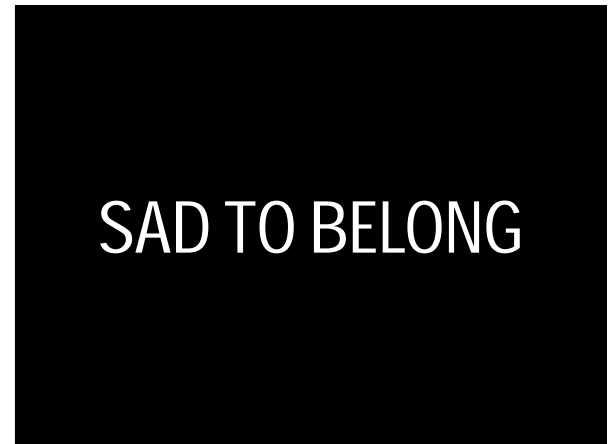
Your true love will complete you (*your partner can address many of your needs but not all of them*)

If you are sexually compatible, that's true love! (*lust being legitimized by love*)

THE EQUATION

COMMITMENT

C \_\_\_\_\_ + C \_\_\_\_\_



## CHOOSING THE ONE YOU LOVE

You choose a partner based on your conscious choice, beliefs about yourself and the influence of the world where you grew up with (life experiences during childhood). It was never an accident. (*emotional programming*)

## LOVE CHOICE EXERCISE

Ex-Partner A	Ex-Partner B	Ex-Partner C

1. List their most negative qualities
2. Find their common negative qualities
3. Upon knowing number 2, you can now identify negative patterns with the view of eliminating them

## ROOTS OF CHOICES

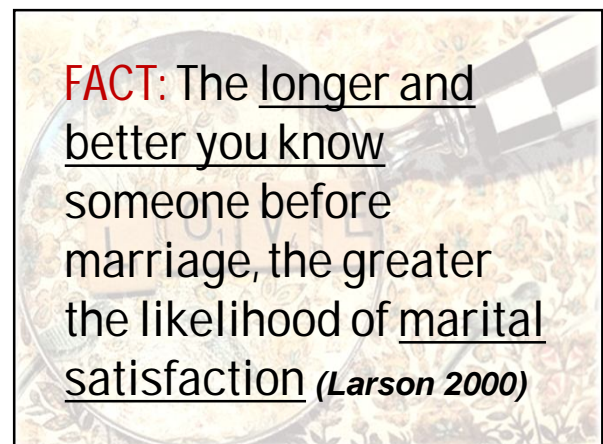
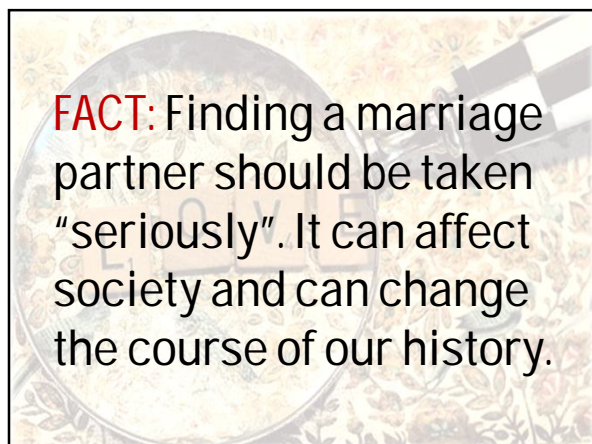
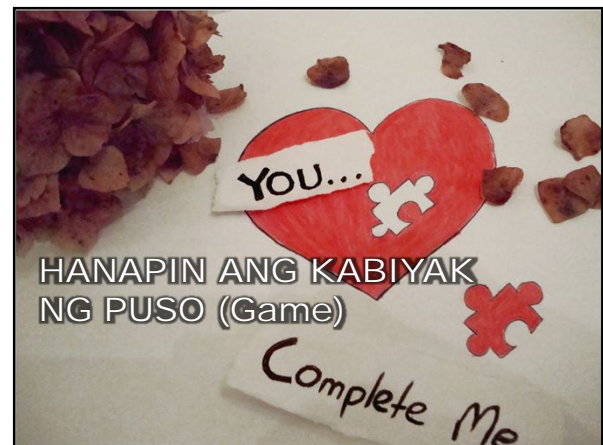
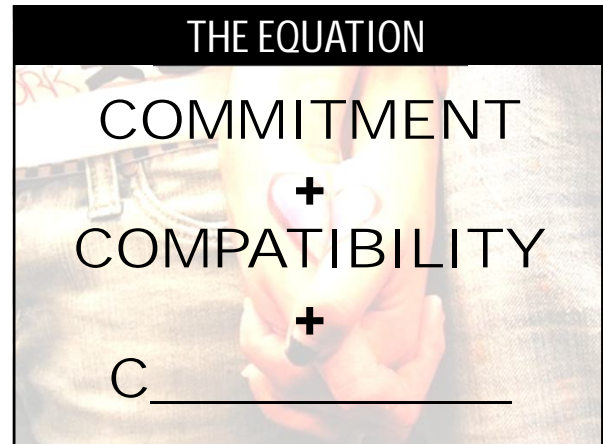
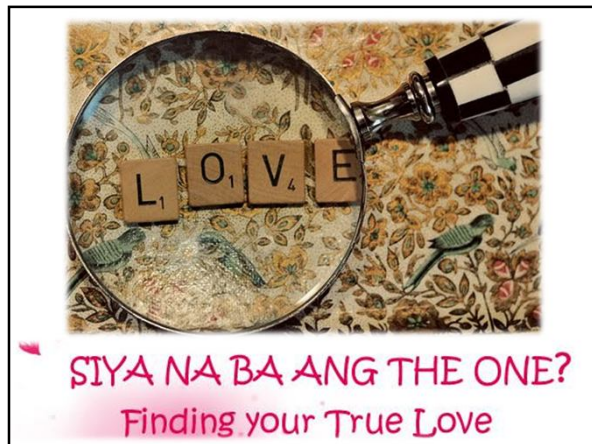
Wounding by **INVASION**  
(*getting what you should not have received*)

Wounding by **DEPRIVATION**  
(*not getting what you should have received*)



1. Attention- Something is different, you have never seen before, appeals to your senses
2. Attraction – when you get to know the person more and beginning to like him
3. Affection – showing of kindness, start of using caution, check your motives (romantic, lustful, friendship)

4. Attachment – level up, having fun, going out frequently (decision stage if you want to be a couple)
5. Affair – formal relationship, show of commitment
6. Addiction - point of obsession (dependent personality disorder)



"Providing prospects is God's responsibility, but choosing a mate is yours. Rely on the assistance of the Holy Spirit, but do not attempt to transfer the responsibility of choice to Him."



- Myles Munroe

If you aim for nothing, you will hit nothing!

KNOW what you want!

You get the love you think you deserve

#### CHECKLIST METHOD

NEGOTIABLES	NON-NEGOTIABLES

#### CHECKLIST 101

**Personality/Behavior**

**Family Background**

**Physical Appearance is Secondary**



## CHECKLIST 101

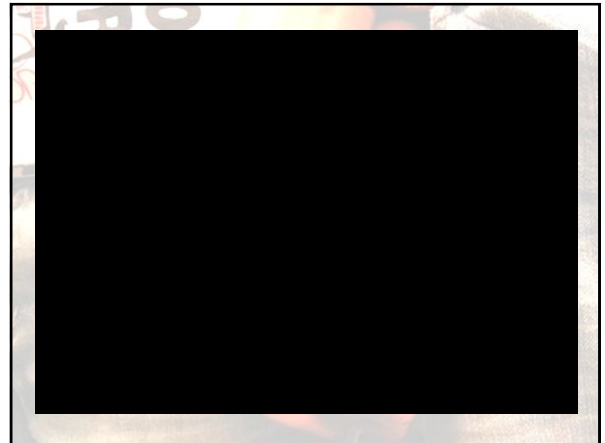
**Proverbs 31:30** - Charm is deceptive, and beauty is fleeting; but a woman who fears the LORD is to be praised.

## CHECKLIST 101

**1 Samuel 16:7** – "...The LORD does not look at the things man looks at. Man looks at the outward appearance, but the LORD looks at the heart."

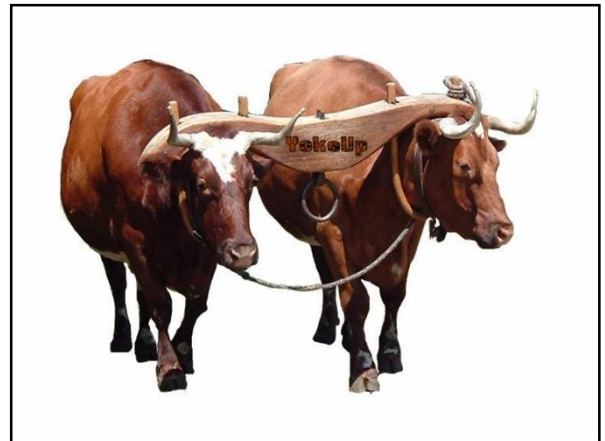
## THE EQUATION

COMMITMENT  
+  
COMPATIBILITY  
+  
CHRIST



## CHRIST FACTOR

Spirituality is not the same as "going to church"



## THE 6:14 RULE

**2 Corinthians 6:14-15-** Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness? What harmony is there between Christ and Belial? What does a believer have in common with an unbeliever?



**1 Kings 11:1-4** – “King Solomon, however, loved many foreign women...They were from nations about which the LORD had told the Israelites, “You must not intermarry with them, because they will surely turn your hearts after their gods.” Nevertheless, Solomon held fast to them in love. He had seven hundred wives of royal birth and three hundred concubines, and his wives led him astray. As Solomon grew old, his wives turned his heart after other gods, and his heart was not fully devoted to the LORD his God, as the heart of David his father had been.”

## SNARES AND TRAPS

**Joshua 23:11-13** - So be very careful to love the LORD your God. But if you turn away and ally yourselves with the survivors of these nations that remain among you and if you intermarry with them and associate with them, then you may be sure that the LORD your God will no longer drive out these nations before you. Instead, they will become snares and traps for you, whips on your backs and thorns in your eyes, until you perish from this good land, which the LORD your God has given you.

## WHY FOLLOW 6:14 RULE

Same Mediator – CHRIST!

Same Manual – BIBLE!

Same Desires – PLEASE GOD!

Same Destination – HEAVEN!

## BRO/SIS, MAGBAGO KA NA!



KUNG AYAW MONG MASAKTAN!

# Love Story ni Teofilo at Teofila

Hiniiling ko sa Panginoon na ang nais kong pakasalan ay ang unang babaeng magpapatibok ng aking puso. Hindi Niya ako binigo, dahil naririto ka ngayon sa piling ko. Maaaring maraming mas nakahihigit sa iyo sa talino at kagandahan, ngunit ikaw ang aking pinakamamahal. Ipinangako kong ikaw ay aking iibigin katulad ng pag-ibig ng Panginoon sa atin. Sa pamamagitan ng Kaniyang tulong at habag, asahan mong mamahalin kita maging hanggang sa wakas ng ating buhay.

Ronald

Nagpapasalamat ako sa Diyos dahil ibinigay ka Niya sa akin upang aking mahalin at makasama habambuhay. Magpapasakop ako sa iyo katulad ng pagpapasakop ko sa ating Panginoon. Ipinangako kong ako ay magiging tapat. Makaasa kang ang pag-ibig ko ay nakalaan lamang para sa iyo.

Margarita

**DELIGHT** *Delight*  
YOURSELF IN THE LORD  
AND HE SHALL GIVE YOU  
THE DESIRES OF YOUR  
**HEART** *Heart*  
PSALM 37:4